

Meet Latoya Rawls



Latoya is a birth and postpartum doula certified through BEAM, Certified Lactation Counselor and CPR certified. Born and raised in West Palm Beach, FL., Latoya has been educating and advocating for families since 2007, currently having 15 years of experience working in the maternal health realm by being employed at Healthy Mothers Healthy Babies. She graduated from Florida Atlantic University holding a Bachelor's degree in Social Work.

It is her goal and passion to provide compassionate and loving services to birthing people and their families as they plan for childbirth, parenting, and beyond. She believes having a doula is a powerful step to create a village of love and support for both pregnancy and postpartum. She is trained in a variety of comfort and coaching techniques, such as breath-work, birthing ball, and rebozo, and continues to seek out opportunities and educational sources to expand her knowledge in birth work.

When she is not working, she spends her time with her two loving children, her daughter Jaiden and her son Naivy. Let Blissful Birth Experience, LLC make your pregnancy, birth and postpartum time a BLISSFUL one!

To connect with Latoya, email lrawls7@gmail.com

"I believe that it is vital for birthing families to know they have a voice during one of the most important times in their lives."

