

Meet LaTeasa Dale



Greetings! I'm LaTeasa Dale, CD, CLC. Certified Doula; Certified Lactation Consultant; as well as labor, birth and post partum service provider.

A very proud 40 year old wife and mother of five naturally birthed Kings, ranging in ages from 7 to 25. I'm also the owner of **IM HER DOULA** and a contracted Doula with Healthy Mothers, Healthy Babies & The Doula Network (TDN) where I offer labor, birth and post partum support, lactation consultation and also provide an abundance of resourceful aid to mother's in need.

I pride myself in providing support to mother's in possibly one of the most exciting and challenging moments of their lives. I also offer developmental planning for mother's to learn to properly care for themselves and their most prized possessions.

I have been honored to be apart of a uniquely special moment for mom and baby. Some of my greatest accomplishments have been helping to safely welcome a new life into the world. I also help to empower women to grow, heal and tap into making them aware of a strength they harbor unbeknownst to them.

This is why I am more than proud to say **IM HER DOULA!**

To connect with LaTeasa, call (561) 316-6119 or email imherdoula@gmail.com.

