

# Meet Angelique Adderly



Angelique is a wife and mom of two beautiful young children whose journey to becoming a Doula began during her first pregnancy. After doing countless hours of pregnancy research and experiencing the highs and lows of pregnancy, Angelique vowed to uplift others in the way she needed at the time.

She is a Birth and Postpartum Doula with excellent interpersonal skills to ensure you have the information you need to make well-informed, evidence-based decisions before, during, and after labor. She has a passion for providing comfort, emotional and mental support, and the help you may need to prepare you and your partner for the new life changes.

Her goal is to encourage, support, and educate her community. She is passionate about helping you advocate for yourself to become the fearless woman and mother you desire to feel safe and understood. She would provide gentle support to help keep you motivated and calm during the birthing process.

She would love to be a part of your labor support team. She believes it is a privilege and blessing to do the work of a Doula to provide facts, evidence-based education, resources, and preventative services to improve black maternal health. She looks forward to meeting with you to discuss your preferences, concerns, expectations, and answer any questions you may have about the beautiful upcoming birth.

To connect with Angelique from Birthing with Serenity, LLC, call (561) 331-0964 or email [SereneDoula22@gmail.com](mailto:SereneDoula22@gmail.com).

*"A woman is the full circle. Within her is the power to create, nurture and transform." - D.M.*

